

## Year 12 PSHCE Programme

| Me: Health and Wellbeing           |   | Us: Relationships   |  | All: Living in the Wider World   |  |  |
|------------------------------------|---|---|--|--|--|--|
| Autumn Term - Weekly PSHCE lessons |   | Spring and Summer Terms - Fortnightly PSHCE lessons         |  |  |  |  |
|                                    | College Paperwork & Get Involved  | Go Drive  |  | Work, Careers & Pathway Choices<br>1. Preparation for the workplace          | Values<br>Yr 12 debate & election prep | Career Personal Statement & Career Plans |
|                                    | Study VESPA 1b(ii)  | Data Response   |  |  |  |  |
|                                    | Physical Health Risks, Personal Safety and Drugs 5. Alcohol and being Assertive | Work Experience   | 5. Balancing work & life and 8. Maintaining positive mental health | Study Vespa (1e)   | College Council election               | Study Exams – revision                   |
|                                    | Team Building   | Media Literacy & Digital Resilience                         |  |  |  |  |
|                                    | Study Vespa (1c) part 1   | Employment Rules  | Career<br>Northumbria – what is UCAS                               | Relationships, Values and Consent<br>4. Consent, sexual norms & expectations | Study EPQ Launch                       | College Review of year                   |
|                                    | Anthony Nolan Hero Project  |   |  |  |  |  |
|                                    | Mental Health Bullying, Abuse & Discrimination Gas lighting                     | Mental Health Bullying, Abuse & Discrimination Gas lighting |  |  |  |  |
|                                    | Career Work Experience Launch   | Values Christmas Games                                      |  |  |  |  |